

Client ID#: _____ Date: _____

Locke-Wallace Relationship Adjustment Test

Circle the dot on the scale line that best describes the degree of happiness, everything considered, of your present relationship. The middle point "happy" represents the degree of happiness that most people get from their relationship, and the scale gradually ranges on one side to those few who are very unhappy and, on the other, to those few who experience extreme joy or felicity in their relationship.

Very Unhappy

Happy

Perfectly Happy

State the approximate extent of agreement or disagreement between you and your partner on the following items. Please check each column.

	Always Agree	Almost Always Agree	Occasionally Disagree	Frequently Disagree	Almost Always Disagree	Always Disagree
1. Handling Family Finances						
2. Matters of Recreation						
3. Demonstration of Affection						
4. Friends						
5. Sex Relations						
6. Conventuality (right, good, or proper conduct)						
7. Philosophy of Life						
8. Ways of Dealing with In-laws						

For each of the following items, check one response:

9. When disagreements arise, they usually result in
(a) me giving in___ (b) my partner giving in___ (c) agreement by mutual give and take___
10. Do you and your partner engage in outside interests together?
(a) all of them___ (b) some of them___ (c) very few of them___ (d) none of them___
11. In leisure time, do you generally prefer:
(a) to be "on the go"___ (b) to stay at home ___
12. Does your partner generally prefer:
(a) to be "on the go"___ (b) to stay at home ___
13. Do you ever wish you had not committed to this relationship?
(a) frequently___ (b) occasionally___ (c) rarely___ (d) never___
14. If you had your life to live over again, do you think you would:
(a) commit to the same person ___ (b) commit to a different person ___
(c) not commit at all ___
15. Do you ever confide in your partner?
(a) almost never___ (b) rarely___ (c) in most things___ (d) in everything___